Registering for a Group RecXercise Class

Registration opens 7 days before each class on Recconnect (linked below) and closes 1 minute before class begins. Check-in for all classes opens 15 minutes before the class starts.

Registration

- Visit https://reconnect.tamu.edu/ and click on the “Fitness & Wellness” Icon to see the schedule of classes each day
  - You can also see this by downloading the TAMU Rec Sports App in the Apple and Google Play store
  - You can visit https://recsports.tamu.edu/fitness-classes/ for a full weekly view of the schedule as well.
- Click on a class to register
- Your TAMU NetID credentials are used to log on
- Follow the instructions on Recconnect, including the cancellation policy and other terms you accept during check out. Follow all the steps to complete the registration process.
- You will be emailed a confirmation when you complete the process.
  - This email confirmation will confirm your registration and a second email will be sent containing the link for access to all virtual group fitness classes.
  - If you did not receive an e-mail, you likely did not complete the process.
- All virtual classes will be streamed live on Zoom
- You can also check your status in the class online by visiting https://reconnect.tamu.edu/ – Click on your name in top right corner-select “profile”- on left hand side, select “registrations”- Here you will find a list of all of the classes you have ever registered for and your status in each one
  - For all virtual classes live on Zoom, you will also see a small camera icon. You can also access your virtual class by clicking on that icon 10 minutes before the class start time.
- For In Person Classes - Participants must check into the class with the instructor by the start time, or they will lose their spot. Doors will be locked at the start of class.

Cancellation

- Should you be unable to attend, you can cancel your class up to 15 minutes before the class start time by doing the following:
  - Log in to Recconnect- Click on name in top right corner-select “profile”- on left hand side, select “Registrations”, find class you wish to cancel and select “Cancel” under the drop down menu on the far right.