

Name: \_\_\_\_\_

Date: \_\_\_\_\_

This Application is for Summer and Fall 2019 employment.

Texas A&M University
Department of Recreational Sports
Strength & Conditioning Attendant Application

Your application must be turned in to office 202 by 5:00 PM on April 8th, 2019

Please see Strength & Conditioning Attendant Job Description on Side 2

\*Please attach an official copy of your Summer and/or Fall 2019 class schedules. Legibly complete all pages of this application. If you have yet to register for classes, or will not be taking classes during the summer, please note that below:

I have not yet registered for (check where appropriate): \_\_\_ Summer 2019 \_\_\_ Fall 2019

\*\*You must be a currently enrolled student at Texas A&M University or Blinn College to be employed in this position for the Department of Recreational Sports\*\*

Applicants MUST Complete All Sections and Attach All Required Documents

1. Interviews will likely take place from Monday, April 22nd through Thursday, April 25th. Will you be available for an interview during those dates?

(circle) Yes No

2. If hired for a Summer 2019 start date, your training will take place during the May Break time period of May 16th – May 24th (exact dates & times TBA). Will you be available for training during this time period?

(circle) Yes No

If hired for a Fall 2019 start date, your training will take place during the August Break time period of August 14th – August 21st (exact dates & times TBA). Will you be available for training during this time period?

(circle) Yes No

3. If hired, would you be available to work during these time periods?

May Break 2019 (circle) Yes No

Summer Session I 2019 (circle) Yes No

Summer Session II 2019 (circle) Yes No

August Break 2019 (circle) Yes No

Fall Semester 2019 (circle) Yes No

4. Attach a typed essay (no more than one page) explaining why you are seeking employment as a Strength and Conditioning Attendant for the Department of Recreational Sports.

5. Complete all remaining pages of application.

\*Note – If your application is not legible, or if you are missing any of the required documents, you will not be considered for an interview. You will be contacted by e-mail regarding interview information, so please be sure to check your e-mail regularly after submitting this application.

**TEXAS A&M UNIVERSITY – DEPARTMENT OF RECREATIONAL SPORTS  
STRENGTH & CONDITIONING ATTENDANT**

A. General Statement of Duties

Provide excellent customer service by ensuring the proper use of resistance training and cardiovascular equipment to help promote safe, effective, and efficient workouts while maintaining a courteous and professional atmosphere.

B. Typical Responsibilities

- Supervision of facility and its users.
- Following the 10-5-1 customer service guidelines. When a facility user is within 10 feet make eye contact and smile; when a facility user is within 5 feet, speak to them (hello, etc.); and when a facility user is within 1 foot give them your undivided attention.
- Responsive to the needs of strength & conditioning room patrons (e.g. spotting, answering questions, proper technique demonstration, adjust television and radio stations).
- Enforce strength & conditioning room policies.
- Cleaning and minor maintenance of equipment.
- Present a professional appearance (e.g. wearing staff shirt (tucked in), khaki or black shorts/pants, and nametag).

C. Experience and Abilities

- Must be a currently enrolled student at Texas A&M University or Blinn College.
- Sincere interest in helping Rec Center members exercise in a safe, effective, and efficient manner.
- Knowledge and interest in resistance training and cardiovascular equipment upkeep, maintenance and operations.
- Demonstrated knowledge of proper resistance and cardiovascular training techniques.
- Excellent communication/people skills.
- Prior weight room experience including weight training and weight room supervision. (preferred)
- Current CPR certification (Heartsaver CPR & AED) (preferred).

D. Training

- Satisfactory completion of Strength & Conditioning staff training workshops.
- Attendance at periodic staff in-services, workshops, and the like.

E. Environmental Conditions

- Frequent lifting and moving of heavy equipment.
- Utilization of tools including, but not limited to wrenches, screw drivers, and socket sets.
- Frequent exposure to potentially hazardous commercial cleaning products.

F. Pay Scale

In accordance with the Department of Recreational Sports part-time worker pay scale Strength & Conditioning Attendants will be classified under pay scale B, and start at an hourly wage of \$8.35.

Department of Recreational Sports  
**PART-TIME EMPLOYEE JOB  
 APPLICATION**



**REC SPORTS**  
 TEXAS A&M UNIVERSITY

*No applications are accepted that do not reference a specific position. Please refer to the position description you are interested in (available online) for complete details on the requirements of each position.*

**Personal Information**

Position applying for:		Date you can begin:	
Last Name:	First Name:	Middle Name:	
Are you a U.S. Citizen? <input type="checkbox"/> Yes <input type="checkbox"/> No		UIN:	
E-Mail Address:			
Address:			
Cell Phone:		Other Phone:	
How did you learn about this job?			
Have you ever been employed by the Department of Recreational Sports? <input type="checkbox"/> Yes <input type="checkbox"/> No			
If so, what was your position?			

**School Information**

Are you a Texas A&M Student? <input type="checkbox"/> Yes <input type="checkbox"/> No	Expected Date of Graduation:
What is your major?	
Have you ever been on Scholastic or Conduct Probation at Texas A&M? <input type="checkbox"/> Yes <input type="checkbox"/> No	
If so, please explain.	

**Work Experience**

DATES Beginning - Ending	EMPLOYER	TITLE	PHONE #	REASON FOR LEAVING
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**References**

NAME	CONTACT NUMBER	RELATIONSHIP TO APPLICANT

Department of Recreational Sports  
**PART-TIME EMPLOYEE JOB  
 APPLICATION**



***Job Skills / Certifications***

***Please list an job skills or certifications you currently hold. Please review the position description for a reference of required skills and certifications for the position for which you are applying.***

Certification Name or Job Skill	Granting Agency (If Applicable)	Expiration Date (If Applicable)

***Additional Information***

***Please provide any additional information requested on the position description, or that you believe qualifies you for this job. Attach a separate sheet if necessary.***

**REFERENCE CHECKS:**

I authorize the Texas A&M University System or any of its components to make reference checks relating to my employment, and I also authorize all prior employers to provide full details concerning my past employment.

**CERTIFICATION OF REGISTRATION STATUS:**

I understand that if I am a male, I am required to sign a Certificate of Registration Status for the Selective Service as a requirement for employment. I further understand if I am a male between the ages of 18 to 25, I must show proof of registration with Selective Service at the time of hire.

**IMMIGRATION AND NATURALIZATION SERVICE EMPLOYMENT ELIGIBILITY VERIFICATION:**

I understand that any offer of employment is contingent upon my completing the Immigration and Naturalization Service Employment Eligibility Verification (Form I-9) and providing documents to verify my identity and employment eligibility as required by law. When completing the Form I-9, I will be required to attest that I am a citizen or national of the U.S., a lawful Permanent Resident, or an alien authorized to work.

**FALSE STATEMENTS:**

I certify that all information on this application is accurate, complete, and true to the best of my knowledge. I realize that any falsification, misrepresentation, or omission of the fact made of this application may be cause for denial of employment or immediate termination of employment, regardless of when or how it was discovered. Texas A&M University is an at-will employer and may dismiss employees with or without cause. I understand that, if employed by Texas A&M, I will be an at-will employee and may be dismissed from employment with or without cause.

\_\_\_\_\_  
 Applicant Signature

\_\_\_\_\_  
 Date