SEPTEMBER 2019

REC CENTER HOURS
Monday - Thursday  6am - 12am
Friday          6am - 11pm
Saturday        8am - 11pm
Sunday         12pm - 12am
Visit recsports.tamu.edu/facilities for a complete list of Rec Sports facility hours.

OUTDOOR ADVENTURES
• Full Moon Stand-up Paddle Boarding | Sept. 14
• Moody’s Island Sea Kayaking | Sept. 29
• Lead Climbing Clinic | Sept. 29

STRENGTH & CONDITIONING
SMALL GROUP TRAINING SESSION 1: Sept. 9 - Oct. 10
• H.I.I.T. IT HARD AM | M/W | 6:30am - 7:30am
• H.I.I.T. IT HARD PM | T/TH | 5:30pm - 6:30pm
• Aggie Strong AM | T/TH | 6:30am - 7:30am
• Aggie Strong PM | M/W | 5:30pm - 6:30pm

AQUATICS
• Adult Learn to Swim
  Sept. 2 - 26 or Sept. 30 - Oct. 24
  M/W or T/TH | 7:30pm - 8:30pm
• Youth Learn to Swim
  Sept. 22 - Nov. 10 | Sundays | 1pm - 4pm
• Lifeguard Certification 1: Sept. 6 - 8
  See website for class times (All dates required)

SPECIALTY PROGRAMS
SESSION 1: Sept. 2 - Oct. 4
• Boxing BootCamp
  T/TH | 6:15am OR 5:30pm | SRC 1119
• Intermediate Boxing BootCamp
  M/W | 6:30pm | SRC 1119
• BootCamp
  M/W/F | 6am | Outdoors (Meet at Member Services)
• Barre BootCamp
  T/TH | 6:15am | SRC 303

SPECIALTY CLASSES
TRY BEFORE YOU BUY THROUGH SEPT. 8
Classes Meet: Sept. 9 - Nov. 17
For schedule of classes, pick up a Rec Sports Guide or visit https://recsports.tamu.edu/fitness-classes/

GROUP RECXERCISE
Purchase a class pass at the Member Services desk:
• Unlimited semester pass: $60
• Single class pass: $5 each
For schedule of classes, pick up a Rec Sports Guide or visit https://recsports.tamu.edu/fitness-classes/

INDOOR CLIMBING FACILITY
• Climbing Basics Orientation Class
  M - F | 5pm & 8pm (Wednesdays - 5pm only)

INTRAMURAL SPORTS
NEW: UNLIMITED PLAY PASS: $20/semester
All sports included! Purchase at imleagues.com/tamu
Create your teams at imleagues.com/tamu from 12pm - 6pm on the dates listed below:
• Kan Jam Tournament | Sept. 2
• Sand Volleyball (4v4) | Sept. 9
• Flag Football (7v7) | Sept. 9
• Ultimate (7v7) | Sept. 9
• Indoor Soccer (7v7) | Sept. 16
• Fall Basketball (5v5) | Sept. 16
• Softball (10v10) | Sept. 23
• Dodgeball Wednesdays (4v4) | Sept. 23
• Battleship (5v5) | Sept. 30

NOW HIRING Intramural Sports Officials!
Attend an orientation meeting to apply:
• Indoor Soccer & Basketball: Sept. 2 | 7pm | SRC 281
• Cricket & Softball: Sept. 9 | 7pm | SRC 1132

SPORT CLUBS
• Sailing - Aggie Fall Regatta: Sept. 21 - 22
  9am | Lake Bryan
• Women’s Rugby vs. UT San Antonio: Sept. 28
  5pm | Penberthy Rec Sports Complex
• Men’s Ultimate - Fall Aggie Classic: Sept. 28 - 29
  7:30am | Penberthy Rec Sports Complex
• Men’s Water Polo - CWPA Crossover Texas
  Division: Sept. 28 - 29
  9am | SRC Natatorium