AQUATICS
• Adult Learn To Swim: Jan. 23 - Feb. 2 | M - TH 7:30pm - 8:30pm
• Master’s Program: Jan. 17 - May 12 | M - F 5:30pm - 7pm
• Lifeguard Review: Jan. 22 | 12pm - 8pm
• ARC Learn To Swim: Jan. 29 - Apr. 9 | Sun | 1pm - 4pm Visit our website for more info!

OUTDOOR ADVENTURES
• Climbing Orientation Classes: M - F | 4pm & 7pm
• Big Bend Rio Grande Paddling Adventure: Jan. 11 - 15 (reg. by Jan. 4)
• Climbing Wall Instructor Course by PCIA: Jan. 27 - 29

SPORT CLUBS
• Ice Hockey vs. Washington Jan. 13 | 7pm | Spirit Ice Arena
• Women’s Volleyball - Aggieland Classic: Jan. 14 - 15 | All Day Rec Center & PEAP
• Powerlifting - Aggieland Showcase Jan. 28 | All Day | PEAP

REC CENTER HOURS
Monday - Thursday: 6am - 12am
Friday: 6am - 11pm
Sat.: 8am - 11pm | Sun.: 12pm - 12am

Visit recsports.tamu.edu/facilities for a complete list of Spring 2017 hours.

SPECIALTY PROGRAMS
SPECIALTY CLASSES
• Try Before You Buy: Jan. 22 - 26
• Classes Meet: Jan. 29 - Apr. 13

PULSEPOINTE BARRE CERTIFICATION
Jan. 28 | 9am - 6pm
Register at www.pulsepointebarre.com

BOOTCAMP
• Try Before You Buy: Jan. 25 & 27 | W/F
• First Session: Jan. 30 - Mar. 3 | M/W/F
• Semester Pkg: Jan. 30 - Apr. 21 | M/W/F
Classes meet 6am - 7am outdoors

BOXING BOOTCAMP (NEW!)
• Try Before You Buy: Jan. 24 & 26 | T/TH
• First Session: Jan. 31 - Mar. 2 | T/TH
Classes meet 5:30pm - 6:30pm in Room 1119

BIKINI FITCAMP
• First Session: Jan. 31 - Mar. 2 | T/TH
• Semester Pkg: Jan. 31 - Apr. 20 | T/TH
Classes meet 6:15am - 7:15am in SRC 303

STRENGTH & CONDITIONING
NOW is the time to start getting in shape for spring! Sign up for personal training at Member Services today.

GROUP RECXERCISE
FREE WEEK: Jan. 17 - 22

INTRAMURAL SPORTS
Register at imleagues.com/tamu from 12pm - 6pm on date below.
• 5-on-5 Basketball - Mon., Jan. 30

NOW HIRING Intramural Officials!
Attend an ORIENTATION MEETING for details. (Meetings held in SRC 281.)
• Basketball: Wed., Jan. 18 | 7pm
• Outdoor Soccer: Wed., Jan. 18 | 8pm
• Flag Football: Mon., Jan. 23 | 7pm
• Softball: Mon., Jan. 23 | 8pm
• Volleyball: Mon., Jan. 30 | 7pm

MASSAGE THERAPY
Book a relaxing one-hour massage!
• A&M Students/members: $40/session
• Non-members/public: $60/session

CPR CLASSES
Heartsaver CPR/AED & First Aid (Rec Employees Only):
Sun., Jan. 15 | 5pm - 11pm | SRC 281

Visit recsports.tamu.edu/facilities for a complete list of Spring 2017 hours.