OCTOBER 2018

REC CENTER HOURS
- Monday - Thursday: 6am - 12am
- Friday: 6am - 11pm
- Saturday: 8am - 11pm
- Sunday: 12pm - 12am
Visit recsports.tamu.edu/facilities for a complete list of Fall 2018 hours.

SPORT CLUBS
- Men’s Water Polo- Collegiate Water Polo Association (CWPA) Crossover Tournament | Oct. 13 - 14 | 9am/10am | SRC Natatorium
- Women’s Soccer vs. Texas State | Oct. 13 | 12pm | Penberthy
- Men’s Soccer vs. Texas | Oct. 20 | 6pm | Penberthy
- Men’s Rugby vs. Arkansas | Oct. 20 | 12pm | Penberthy
- Climbing: BTHO Gravity Boulder Competition | Oct. 27 | 9am | SRC

SPECIALTY PROGRAMS
BootCamp, 2nd Session
- Oct. 15 - Nov. 14 | M/W | 6am - 7am | Outdoors
Boxing Bootcamp, 2nd Session
- Oct. 15 - Nov. 14 | M/W | 6:30pm - 7:30pm | Heavy Bag Room
- Oct. 16 - Nov. 15 | T/TH | 6:15am - 7:15am or 5:30pm - 6:30pm | Heavy Bag Room

Bikini FitCamp, 2nd Session
- Oct. 15 - Nov. 14 | T/TH | 6:15am - 7:15am or 5:30pm - 6:30pm | SRC 303

FITNESS EVENTS
BTHO Kentucky Indoor Cycle Distance Challenge
- Oct. 1 - 5 | All cycle are classes FREE!
Group RecXercise Spooktacular Halloween
- Wed. Oct. 31 | All Group RecXercise classes are FREE!

INTRAMURAL SPORTS
Register at imleagues.com/tamu from 12pm - 6pm on the dates listed:
- Mon., Oct. 1: Dodgeball Wednesdays, Battleship
- Mon., Oct. 29: Swim Meet, Aggie Action Ball

AQUATICS
Adult Learn to Swim
- M/W Classes | Oct. 1 - 24 or Oct. 29 - Nov. 28 | 7:30pm | Instr. Pool
- T/TH Classes | Oct. 2 - 25 or Oct. 30 - Nov. 29 | 7:30pm | Instr. Pool

Lifeguard Review
- Sun., Oct. 7 | 12pm - 9pm | Classroom

Lifeguard Training 2
- Oct. 26, 5pm - 10pm; Oct. 27, 9am - 6pm; Oct. 28, 12pm - 8pm | Classroom

Basic SCUBA
- Oct. 8 - 18 | Mon. - Thu. | 6pm - 10pm | Classroom
- Check Out Dives Sat., Oct. 20 & Sun., Oct. 21 | Blue Lagoon, Huntsville, TX

Basic SCUBA Referral
- Oct. 20 & 21 or Oct. 27 & 28 (Sat. & Sun.) | Blue Lagoon, Huntsville, TX

Advanced SCUBA
- Tue., Oct. 23 & Wed., Oct. 24 | 6pm - 10pm | Classroom
- Check Out Dives Sat., Oct. 27 & Sun., Oct. 28 | Blue Lagoon, Huntsville, TX

Advanced SCUBA Referral
- Sat., Oct. 27 & Sun., Oct. 28 | All Day | Blue Lagoon, Huntsville, TX

OUTDOOR ADVENTURES
- Oct. 7 | National Forest Hiking Day Trip
- Oct. 7 | Lead Climbing Clinic
- Oct. 12 - 14 | Georgetown Backpacking Weekend
- Lake Georgetown, TX
- Oct. 13 - 14 | NOLS Wilderness First Aid Certification Course
- Oct. 27 | Hill Country Rock Climbing Day Trip
- Oct. 28 | Texas Sea Kayaking Day Trip

STRENGTH & CONDITIONING
Small Group Training, Session 2 | Oct. 15 - Nov. 15 | Register by Oct. 14
- Straps & Bells: M/W | 6:30am - 7:30am
- HIIT It Hard: T/TH | 5:30pm - 6:30pm
- Lifting 101: T/TH | 6:30am - 7:30am
- Varsity Strength & Conditioning: M/W | 5:30pm - 6:30pm

CPR CLASSES
- BLS for Healthcare Professionals | Sun., Oct. 14 | 2pm - 7pm | SRC 281

ONLINE PROGRAM REGISTRATION: reconnect.tamu.edu
RecSports