

NOVEMBER 2019

FACILITY HOURS

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|-------------------------|-------------|
| Monday - Thursday | 6am - 12am |
| Friday | 6am - 11pm |
| Saturday | 8am - 11pm |
| Sunday | 12pm - 12am |

Visit recsports.tamu.edu/facilities for a complete list of Fall 2019 hours, including **Thanksgiving Break hours.**

GROUP RECXERCISE

- **Unlimited semester passes are now on sale for \$30!** Get yours at Member Services. Single class passes are available for \$5 each.

FITNESS EVENTS & CERTIFICATIONS

- **BTHO TEXAS Indoor Cycle Distance Challenge**
Attend any indoor group cycle class for **FREE Nov. 11 - 15** and help us log our mileage to see if we can BTHO UT Rec Cycle classes! For a schedule of cycle classes, visit recsports.tamu.edu/fitness-classes
- **Meditation Series - FREE!** | 6:30pm | SRC 2229B
 - Nov. 7 | Mindfulness, Meditation & the Breath
 - Nov. 14 | Visualization: Tools for Success
 - Nov. 21 | Meditation Integration: Putting it to practice for everyday lifeDrop in to any session; registration not required!
- **Schwinn Indoor Cycle Certification** | Nov. 30 | 9am - 5pm
For info or to register, contact ataggart@rec.tamu.edu

SPORT CLUBS

- **Men's & Women's Volleyball: Lonestar Showdown vs. Texas** | Nov. 8 | 5:30 PM | SRC
- **Archery: Aggie Invite** | Nov. 8 - 10 | 1pm/8am/9am | PEAP
- **Racquetball: Fall Aggieland Classic** | Nov. 9 - 10 | 8am/9am | SRC

INTRAMURAL SPORTS

UNLIMITED PLAY PASS: \$20/semester

All sports included! Purchase at imleagues.com/tamu

Create your teams at imleagues.com/tamu from 12pm - 6pm on the dates listed below:

- **Outdoor Soccer Mini League (4v4)** | Nov. 4
- **Low Hoop Basketball Mini League (3v3)** | Nov. 4
- **Badminton Tournament** | Nov. 25

INDOOR CLIMBING FACILITY

- **Climbing Basics Orientation Class** | M - F | 5pm & 8pm (*Wed. 5pm only*)

OUTDOOR ADVENTURES

- **Hiking Day Trip - East Texas** | Nov. 9 | Register by Nov. 5
- **San Marcos River Day Trip** | Nov. 9 | Register by Nov. 5
- **Kayak Clinic** | Nov. 10 | Register by Nov. 10
- **Lead Climbing Clinic** | Nov. 17 | Register by Nov. 17
- **Eagle Rock Loop Backpacking Trip** | Nov. 27 - Dec. 1 | Register by Nov. 19

Visit recsports.tamu.edu/outdoor-adventures for details and registration info.

- **Outdoor Equipment Rental**
Visit the OA Rental Center to get the gear you need for all of your outdoor adventures! Visit our website or call 979-845-7035 for more information.

AQUATICS

- **Lifeguard Certification 2** | Nov. 11 - 15 | M - F | 6pm - 11pm | Classroom

CPR CLASSES

- **Basic Life Support** | Nov. 17 | 2pm - 7pm | SRC 281