JULY 2019

REC CENTER HOURS
SUMMER 2019 HOURS
Monday - Friday* ........................................... 6am - 10pm
Saturday ............................................................. 9am - 10pm
Sunday .............................................................. 12pm - 10pm
*Thursday, July 4 ................................................... 10am - 6pm
Visit recsports.tamu.edu/facilities for a complete list of Summer 2019 hours.

SPECIALTY PROGRAMS
• BootCamp, Session 2
  - July 8 - 31 | M/W | 6am - 7am
  - Try Before You Buy: July 1 - 3
• Boxing BootCamp, Session 2
  - July 8 - 31 | M/W | 6:30pm - 7:30pm -OR-
  - July 9 - Aug. 1 | T/TH | 5:30pm - 6:30pm
  - Try Before You Buy: July 1 - 3
• Barre BootCamp, Session 2
  - July 9 - Aug. 1 | T/TH | 6:15am - 7:15am
  - Try Before You Buy: July 1 - 3

GROUP RECXERCISE
• Summer unlimited passes are available for purchase at Member Services!
  - Unlimited passes: one summer session: $30
  - Single-class pass: $5 per class

CPR CLASS
• BLS For Healthcare Professionals:
  - Sun., July 14 | 2pm - 7pm | SRC 281

AQUATICS
• Adult Learn To Swim
  - July 8 - 18 | M - TH | 7:30pm - 8:30pm
  Instructional Pool
  - July 22 - Aug. 1 | M - TH | 7:30pm - 8:30pm
  Instructional Pool
• Youth Learn To Swim
  - July 8 - 18 | M - TH | 11am - 12pm OR
  3:30pm - 5:30pm | Outdoor Pool

STRENGTH & CONDITIONING
• Small Group Training: Summer Shred
  - Session 2: July 9 - Aug. 1
  T/TH | 5:30pm - 6:30pm

OUTDOOR ADVENTURES
Do you know an incoming Texas A&M student? Let them know about Venture Camps, an alternative orientation camp experience!
• Venture: Base Camp | July 15 - 19 | Hill Country, TX
• Venture: Backpack | Aug. 7 - 15 | Gila Wilderness, NM
Visit http://venturecamps.tamu.edu for more information and to register.

SPORT CLUBS
Did you know? Texas A&M Sport Clubs has captured 20 team/individual National Championships during the 2018-2019 school year, growing their total to over 300 national championships since the program’s inception in 1974!

INTRAMURAL SPORTS
• Summer 2 Intramurals
  Register at imleagues.com/tamu from 12pm - 6pm on the dates listed below:
  • Indoor Soccer (5v5): Tue., July 2
  • Sand Volleyball (4v4): Tue., July 2
  • Basketball (5v5): Tue., July 2
  • Kickball (8v8): Tue., July 2
  • Racquetball Tournament: Tue., July 2
  • Kan-Jam Tournament: Tue., July 9
  • Table Tennis Tournament: Tue., July 16
  • Dodgeball Tournament: Tue., July 23