JANUARY 2019

REC CENTER HOURS

Winter Break Hours (through Jan. 8)

Tue., Jan. 1 ........................................... CLOSED
Wed., Jan. 2 - Fri., Jan. 4 .......................... 6am - 8pm
Sat., Jan. 5 .......................................... 10am - 8pm
Sun., Jan. 6 ......................................... 12pm - 8pm
Mon., Jan. 7 - Tue., Jan. 8 ...................... 6am - 8pm

The South Entrance will be CLOSED Jan. 2 - 6

Spring Hours (beginning Jan. 9)

Mon. - Thu. ........................................ 6am - 12am
Fri. .................................................... 6am - 11pm
Sat. .................................................... 8am - 11pm
Sun. .................................................... 12pm - 12am

Visit recsports.tamu.edu/facilities for a complete list of Spring 2019 hours.

INTRAMURAL SPORTS

Sign up at imleagues.com/tamu 12pm - 6pm:

- Monday, Jan. 28
  - 5-on-5 Basketball | Outdoor Soccer

- Tuesday, Jan. 29
  - Dodgeball Wednesdays | Racquetball | Table Tennis | Badminton

Want to work as an Intramural Sports Official?

RECsports is now hiring!

Attend an Orientation Meeting for details:

- Basketball, Outdoor Soccer:
  - Jan. 15 | 7pm | SRC 1132
- 4v4 Flag Football, Softball:
  - Jan. 22 | 7pm | SRC 1132
- Indoor Volleyball: Jan. 28 | 7pm | SRC 1132

SPORT CLUBS

- Ice Hockey vs. University of North Texas
  - Jan. 25 | 7pm | Spirit Ice Arena

SPECIALTY CLASSES

Try Before You Buy: Jan. 14 - 27

- First Session:
  - Jan. 28 - Feb. 27 | M/W | 6am - 7am

BOXING BOOTCAMP

Try Before You Buy: Jan. 14 - 24 | M/TH | All Times

- First Session:
  - Jan. 28 - Feb. 27: M/W | 6:30pm - 7:30pm
  - Jan. 29 - Feb. 28: T/TH | 6:15am - 7:15am
  - OR 5:30pm - 6:30pm

BARRE BOOTCAMP

Try Before You Buy: Jan. 14 - 24 | T/TH | 6:15 - 7:15am

- First Session:
  - Jan. 29 - Feb. 28 | T/TH | 6:15am - 7:15am

GROUP RECXERCISE

FREE WEEK: Jan. 14 - 20

  - Passes $60 starting Jan. 21; single class passes $5

STRENGTH & CONDITIONING

Small Group Training, Session 1

FREE WEEK: Jan. 28 - 31

- Classes Meet: Feb. 4 - Mar. 7
- Registration Closes: Feb. 3 @ 5pm

Programs Offered:

- HIIT It Hard:
  - M/W | 6:30am - 7:30am
  - T/TH | 5:30pm - 6:30pm

- Varsity Strength & Conditioning:
  - M/W | 5:30pm - 6:30pm

- Lifting 101:
  - T/TH | 6:30am - 7:30am

Personal Training Certification Prep Course

- FREE Informational Meeting:
  - Jan. 22 | 7pm | SRC 255

- Course Meets 4pm - 7pm on the following dates:

Contact Stephen Opskar at sopskar@rec.tamu.edu for more information.

AQUATICS

- Master’s Program:
  - Jan. 14 - May 24 | Mon. - Fri. | 5:30 - 7pm
  - Jan. 25 - May 3 | Fri. | 6:30am - 8am

- Adult Learn To Swim:
  - Jan. 14 - Feb. 7 | M/W, T/TH | 7:30 - 8:30pm