A P R I L  2 0 1 9

REC CENTER HOURS

Spring 2019
Monday - Thursday ......................... 6am - 12am
Friday ......................................... 6am - 11pm
Saturday .................................... 8am - 11pm
Sunday ........................................ 12pm - 12am

Visit recsports.tamu.edu/facilities for a complete list of hours, including Easter Weekend hours.

STRENGTH & CONDITIONING

- NSCA Texas State Clinic
  Apr. 6 | 8am - 5:30pm | Rec Center
This is an educational opportunity for anyone interested in strength and conditioning, personal training, fitness, coaching, or sports medicine.

Register at TX.AG/ZUWE6AD

CPR CLASSES

- BLS For Health Care Professionals:
  Apr. 7 | 2pm - 7pm | SRC 281

GROUP RECXERCISE

- Group RecXercise Unlimited Class Pass Sale:
  On sale for half price ($30) at Member Services

FITNESS CERTIFICATIONS

- YogaFit Certifications & Workshops:
  - YogaFit Kids | Apr. 5 | 8am - 6pm
  - YogaFit Level 3 | Apr. 6 - 7 | 8am - 6pm

Register at www.yogafit.com

OUTDOOR ADVENTURES

- River Day Trip to the San Marcos | Apr. 6
- Rock Climbing Day Trip - Hill Country | Apr. 7
- Kayak Clinic | Apr. 7
- Paddling Trip for Reading Day | Apr. 19
- Full Moon Stand Up Paddleboarding | Apr. 19
- Sea Kayaking at Moody’s Island | Apr. 27
- Hiking Day Trip - East Texas | Apr. 28
- Lead Climbing Clinic | Apr. 28

AQUATICS

- Basic SCUBA Referral:
  - Apr. 13 - 14 | All Day, Both Days
  - Apr. 27 - 28 | All Day, Both Days
  Both sessions held at Blue Lagoon, Huntsville, TX

- Advanced SCUBA:
  - Apr. 2 - 3 | 6pm - 10pm | Classroom
  Check-out Dives Apr. 13 at Blue Lagoon, Huntsville, TX
  and Apr. 14 at Lake Travis, Austin, TX

- Advanced SCUBA Referral:
  Apr. 13 (Blue Lagoon, Huntsville, TX) & Apr. 14
  (Lake Travis, Austin, TX) | All Day, Both Days

- Rescue SCUBA Referral:
  Apr. 27 - 28 | All Day, Both Days
  Blue Lagoon, Huntsville, TX

- Lifeguard Certification 3:
  Apr. 26 - 28 | Fri. 5pm - 10pm, Sat. 9am - 6pm,
  and Sun. 12pm - 9pm | Classroom

FITNESS EVENTS

RAVE at the REC
FREE EVENT
STUDENT RECREATION CENTER | APRIL 3 | 6:30PM - 9:30PM

Coming Soon:

MAY 1, 2019
3PM - 6PM | REC CENTER
DE-STRESS FEST at the Rec
CELEBRATE YOUR HARD WORK
AND SUCCESS THIS SEMESTER,
& DE-STRESS BEFORE EXAMS, WITH
A DIVERSE RANGE OF FUN, FREE EVENTS!

SPORT CLUBS

- Men's Soccer vs. All-Army Team:
  Apr. 4 | 8:30pm | Penberthy, Field 10

- Baseball vs. Texas:
  Apr. 13 - 14 | 12pm | Nutrabortl Stadium

- Women's Water Polo - Conference Championships:
  Apr. 13 | 9am | SRC Natatorium

- Men's Rugby - Gareth Jones Memorial Tourn.: 
  Apr. 27 | All Day | Penberthy

REC SPORTS IS HIRING!

- Rec Sports is now hiring for a variety of positions! Visit recsports.tamu.edu and click the ‘Part-time Employment’ tab for info.

ONLINE PROGRAM REGISTRATION: reccconnect.tamu.edu

recsports.tamu.edu

ATM | REC SPORTS

RecSports