

Fall 2018 Dive Well

	Nov 25	Nov 26	Nov 27	Nov 28	Nov 29	Nov 30	Dec 1	
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
6am		6-7:30 Rec Swim	6-7:30 Rec Swim	6-7 STS	6-7:30 Rec Swim	6-7 AFROTC	6-7:30 Rec Swim	
6:30								
7am								
7:30			7:30-9 Dive Team	7:30-9 Dive Team	7:30-9 Dive Team	7:30-9 Dive Team	7:30-9 Dive Team	
8am								
8:30							8:30-2:15 KINE SCUBA	
9am			9-11 ROV	9:35-10:50 KINE 199 (intermediate Swim)	9:30-12:30 Rec Swim	9:35-10:50 KINE 199 (intermediate Swim)		
9:30								
10am								
10:30								
11am		11-12:30 Rec Swim	11-2 Rec Swim		11-12:30 KINE SCUBA			
11:30								
12pm	12-4 Rec Swim							
12:30		12:30-4:30 Dive Team	12:45-2 KINE (3 lanes)	12:30-4:30 Dive Team	12:45-2 KINE SCUBA			
1pm								
1:30								
2pm			2-4:30 Dive Team		2-4:30 Dive Team	2-4:30 Dive Team	2-10:30 Event Tear-down	
2:30								
3pm								
3:30								
4pm	4-6							
4:30	Water Polo Practice	4:30-6:15 TE&M Dive	4:30-6:15 TE&M Dive	4:30-6:15 TE&M Dive	4:30-6:15 TE&M Dive	4:30-6 B-Battery		
5pm								
5:30								
6pm		6:15-9:15 Water Polo Practice	6:15-8:15 Water Polo Practice	6:15-9:15 Water Polo Practice	6-8 Water Polo Practice	6:15-10:30 Event Set-up		
6:30								
7pm								
7:30								
8pm								
8:30			8:15-11:30 Rec Swim		8:15-10 KINE SCUBA			
9pm								
9:30		9:15-11:30 Rec Swim		9:15-11:30 Rec Swim				
10pm								
10:30					10 - 11:30 Rec Swim			
11pm								
11:30								

Fall 2018 Instructional

	Nov 25	Nov 26	Nov 27	Nov 28	Nov 29	Nov 30	Dec 1
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6am							
6:30							
7am							
7:30							
8am							
8:30							
9am		9-11 Rec Swim	9-11 Rec Swim	9-11 Rec Swim	9-11 Rec Swim	9-2 Ocean Engineering	
9:30							
10am							
10:30							
11am							
11:30							
12pm							
12:30			12:45-2:00 KINE		12:45-2:00 KINE		
1pm							
1:30							
2pm				2-4:45 Track & Field			
2:30							
3pm							
3:30							
4pm		4-5:30 CORPS: C2				4:30-6 B-Battery	
4:30							
5pm							
5:30		5:30-6:30 RecFit - Aerobics	5:30-6:30 RecFit - Aerobics	5:30-6:30 RecFit - Aerobics	5:30-6:30 RecFit - Aerobics	6-7:30 SEAL	
6pm					6:30-7:30 FitLife - Aerobics		
6:30							
7pm		7-9 Aquatics In-service					
7:30				7:30-8:30 Learn to Swim - Adult	7:30-8:30 Learn to Swim - Adult		
8pm			7-9 Aquatics In-service				
8:30					8:30-10:30 OA Roll Clinic		
9pm							
9:30							
10pm							
10:30							
11pm							
11:30							

Fall 2018 Lap Pool

	Nov 25	Nov 26	Nov 27	Nov 28	Nov 29	Nov 30	Dec 1
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6am		6-9 Rec Swim	6-9 Rec Swim	6-9 Rec Swim	6-9 Rec Swim	6-10:30 Rec Swim	
6:30							
7am							
7:30							
8am							
8:30							
9am							
9:30							
10am							
10:30							
11am		11-1 Rec Swim	11-1 Rec Swim	11-1 Rec Swim	11-1 Rec Swim		
11:30							
12pm							
12:30							
1pm							
1:30							
2pm							
2:30							
3pm							
3:30							
4pm		3-9 Rec Swim	3-10 Rec Swim	3-8 Rec Swim	3-8 Rec Swim		
4:30							
5pm							
5:30							
6pm							
6:30							
7pm							
7:30							
8pm							
8:30							
9pm							
9:30							
10pm							
10:30							
11pm							
11:30							

9:45-11:45
Aquatics In-service

6-8
Aquatics
In-service

8-11:30
Rec Swim

7:30-8:30
LTS (3)

7:30-8:30
LTS (3)

6:30-8
Masters

8-10:30
Rec Swim

Fall 2018 Outdoor Pool

	Nov 25	Nov 26	Nov 27	Nov 28	Nov 29	Nov 30	Dec 1
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6am							
6:30							
7am							
7:30							
8am							
8:30							
9am							
9:30							
10am							
10:30							
11am							
11:30							
12pm							
12:30							
1pm							
1:30							
2pm							
2:30							
3pm							
3:30		3-6 Rec Swim	3-6 Rec Swim	3-6 Rec Swim	3-6 Rec Swim	3-6 Rec Swim	
4pm							
4:30							
5pm							
5:30							
6pm							
6:30							
7pm							
7:30							
8pm							
8:30							
9pm							
9:30							
10pm							
10:30							
11pm							
11:30							

