

Graduate Assistant – Fitness & Wellness

Graduate Assistant of Fitness & Wellness Duties & Responsibilities:

- Directly responsible for coordinating semester long Specialty Bootcamps (hiring, scheduling, evaluating, online enrollment, and marketing)
- Directly responsible for coordinating current fitness programs (i.e. Fitness Outreach, Group RecXercise incentive programs, Spring Dance Party, and other Fitness events held at the Rec)
- Teach at least 3 classes per week (can be group fitness or specialty)
- Assist in the growth and expansion of the Fitness & Wellness program area, specifically with two new satellite facilities coming online in upcoming years
- Assist the Fitness & Wellness Coordinator in new Wellness Initiatives and programming, such as De-Stress Fest, Maroon and Well Referral program, *WELLNESS WORKS!* (Texas A&M's employee wellness program), and other wellness partnerships and collaborations
- Help to develop and implement new revenue generating programs for Rec members/faculty/staff/community
- Emergency class substitutions when no other instructors are available
- Assist in planning, coordinating, marketing, hiring, training, supervising, scheduling, and evaluating a Group Fitness staff of 40-50 instructors, with up to 100 group exercise classes each week and special fitness events held throughout the year
- Reviews risk management policies and procedures of fitness area
- Assists in budget management
- Accepts other duties as assigned
- Participates in other opportunities available through interaction with a comprehensive recreational sports programs and by serving on departmental and divisional committees

Qualifications:

- Bachelor's degree
- Admission to Texas A&M Graduate School
 - Texas A&M Rec Sports will pay the in-state tuition for all graduate assistants (up to 9 hours for each of the fall and spring semesters and up to 6 hours for the summer semester).
 - For non-Texas residents, in order to qualify for in-state tuition, graduate assistants must be enrolled in a field of study that directly relates to their graduate assistantship. Qualifying programs of study include, but are not limited to: Sports Management, Exercise Physiology, Sports Physiology, Public Health, and Recreation, Park, and Tourism Sciences. Other degree programs will need to be considered individually by the Office of Graduate Studies.
 - Please note that all graduate assistants are responsible for paying their own fees.
- Must hold at least one current certification from a nationally accredited certification organization in Group Fitness (i.e. ACE, AFAA, ACSM, NASM)
- One year of group fitness teaching experience
- Excellent verbal and written communication skills
- Computer experience with Microsoft programs; Outlook, Excel, Word, Power Point

Qualifications (Preferred):

- Bachelor's degree in a Fitness and Wellness related field (ex. Exercise Science, Public Health, Health Education, Health Promotion, etc.)

- Additional specialized training such as; Cycling, Yoga, Pilates, Dance Fitness, Barre, Boxing, Bootcamp etc.
- Group fitness/recreational sports leadership experience
- Wellness programming experience

Salary:

- Pay rate starts at \$13.60/hour. Based on working 20 hours per week, this is approximately \$1,200/month. Graduate assistants are eligible for a merit increase in the second year.
 - 9 or 12 month position
 - Tuition waiver (please see note under Qualifications)
 - University health insurance benefits
 - Professional development allowance

Graduate Assistantship will begin August 1, 2019 (flexible). For best consideration, please submit application by January 14, 2019. Interviews will take place via phone.

Application Procedures:

Please submit a letter of application, resume - including reference names and telephone numbers, unofficial copy of college transcripts, and a video instructing a 20 minute Group Fitness class (preferably step, kickboxing, barre, or dance fitness) to:

Anna Taggart, Fitness Director
 Department of Recreational Sports
 Texas A&M University
 4250 TAMU
 College Station, TX 77843-4250
 Email: ataggart@rec.tamu.edu

For more information visit <http://recsports.tamu.edu>

Texas A&M University is committed to equal employment opportunity through affirmative action.

DSA Diversity & Inclusion Statement

We are committed to diversity. It is our policy not to discriminate in employment opportunities or practices on the basis of race, sex, color, national origin, religion, age, disability, veteran status, genetic information, or any other characteristic protected by law. Furthermore, we will maintain a work environment free from discrimination on the basis of sexual orientation or gender identity.

Selected Texas A&M Graduate Program Deadlines:

- Health & Kinesiology: January 15, 2019
- Sports Management: February 1, 2019 (in-residence); April 1, 2019 (online)
- Public Health: March 1, 2019
- Recreation, Park, and Tourism Sciences: March 1, 2019

For information on our graduate programs please visit admissions.tamu.edu