General Statement of Duties
Assist the Fitness & Wellness Professional Staff, with the management and operations of the Fitness & Wellness program for the Department of Recreational Sports.

Typical Responsibilities
- Directly responsible for coordinating semester long Specialty Bootcamps (hiring, scheduling, evaluating, online enrollment, and marketing)
- Directly responsible for coordinating current fitness programs (i.e. Fitness Outreach, Group RecXercise incentive programs, Spring Dance Party, and other Fitness events held at the Rec)
- Teach at least 3 classes per week (can be group fitness or specialty)
- Assist in the growth and expansion of the Fitness & Wellness program area, specifically with two new satellite facilities coming online in upcoming years
- Assist the Fitness & Wellness Coordinator in new Wellness initiatives and programming,
- Help to develop and implement new revenue generating programs for Rec Sports
- Emergency class substitutions when no other instructors are available
- Assist in planning, coordinating, marketing, hiring, training, supervising, scheduling, and evaluating Group Fitness staff of 40-50 instructors, with up to 100 group exercise classes each week and special fitness events held throughout the year
- Reviews risk management policies and procedures of fitness area
- Assist in budget management
- Serve on departmental, divisional, and university committees
- Participate in other opportunities available through interaction with a comprehensive recreational sports program
- Assist with other duties as assigned

Experience and Abilities
- Bachelor’s Degree & Admission to Texas A&M Graduate School
- One year of group fitness experience
- Group fitness/recreational sports leadership experience (preferred)
- Wellness programming experience (preferred)

Training
- Must hold at least one current certification from a nationally accredited certification organization in Group Fitness (i.e. ACE, AFAA, ACSM, NASM)
- Additional specialized training such as; Cycling, Yoga, Pilates, Dance Fitness, Barre, Boxing, Bootcamp etc.(preferred)
- Complete training will be provided by the Fitness & Wellness Staff
- Stay update to date on required state training

Environmental Conditions
- Weekend and evening hours will be required
- Common muscle strains and sprains associated with exercise and activity
- Exposure to loud music

Pay Scale
In accordance with departmental policy, the Graduate Assistant – Fitness & Wellness position will start at $15.60 per hour and be eligible for merit increase in 2nd year of Graduate School.
# Learning Outcomes

1. Demonstrate supervisory and leadership skills, including recruiting, hiring, training, scheduling, and evaluating part time staff.
2. Demonstrate mastery of problem solving skills to effectively manage difficult situations, especially in a fast-paced work environment.
3. Develop and understand a comprehensive fitness and wellness program, including budgeting and student development.

## Wage, Benefits and Stipend Information

- Rec Sports will pay the in-state tuition, 9 hours for fall and spring semesters and 6 hours for summer semester. (Non-Texas residents in a field of study* that directly relates to the assistantship can apply for a waiver from non-Texas to in-state tuition)
- $15.60 per hour and 20 paid hour work weeks (approximately $1,200 monthly), eligible for merit increase in 2nd year
- 9 or 12 month position
- University medical health benefits
- Travel/professional development allowance
- No state income tax
- Please make sure to research the qualifications and required deadline for applications. Programs that our Graduate Assistants have studied under and have qualified for the tuition waiver include, but are not limited to: Sport Management, Higher Education Administration, Student Affairs Administration, and Recreation, Park, and Tourism Sciences. Other degree programs will need to be considered individually by the Office of Graduate Studies.
- A couple of the graduate program deadlines include:
  - **Student Affairs Administration in Higher Education (SAAHE)** - December 1, 2022
  - **Sport Management**:
    - Face to Face: February 1, 2023
    - Distance Education: April 1, 2023
  - **Recreation, Parks, and Tourism Sciences** – June 30, 2023
  - **Public Health** – May 1, 2023

## How to Apply

**Application Procedure:** Please submit a cover letter, resume - including reference names and telephone numbers, unofficial copy of college transcripts, and a video instructing a 20-minute Group Fitness class (preferably step, kickboxing, barre, or dance fitness) to:

Miranda Price, Assistant Director, Fitness & Wellness
Email: mprice@rec.tamu.edu

**Closing Date:** Applications will be reviewed until position is filled. For best consideration, application materials should be received by **January 11, 2023**. Interviews will take place via Zoom. **Priority will be given to individuals who can confirm submission of their graduate school application materials.**

**Start Date:** August 1, 2023 (flexible)
Information available on the Rec Sports website at: https://recsports.tamu.edu/employment under Part-time Employment or you may contact Miranda Price, Assistant Director, Fitness & Wellness, at mprice@rec.tamu.edu.