NEW GROUP RECXERCISE POLICIES

1. All Group RecXercise classes will be limited to a maximum of 18 participants. Sign up for classes in the Texas A&M Rec Sports App to guarantee your spot. You can also sign up when you get to class if there are spots open.

2. Check into class with the instructor and enter the studio from the “entrance door.”

3. Use hand sanitizer to clean your hands immediately upon entry.

4. Gather your own equipment while maintaining the physical distancing guidelines.

5. Labels indicate participant workout zones which are a minimum of 6 feet apart.

6. Face coverings are required during all fitness classes.

7. Clean your equipment using gym wipes or other cleaning products and then put it back in designated areas while maintaining physical distancing guidelines.