

Fall 2018 50 Meter

	Dec 2		Dec 3		Dec 4		Dec 5		Dec 6		Dec 7		Dec 8	
	Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
	Near	Far	Near	Far	Near	Far	Near	Far	Near	Far	Near	Far	Near	Far
5:30														
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11pm														
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12-4
Rec Swim

6-8
Aquatics
In-service

8-11:30
Rec Swim

6-8:15
Swim Team

8-15-3
Rec Swim

3-5:30
Swim Team

5:30-7
Masters (2)

7-11:30
Rec Swim

8-1
KINE

8-11:30
Ags Swim Club

8-3
Rec Swim

3-5:30
Swim Team

5:30-7
Masters (2)

7-11:30
Rec Swim

12:45-2
KINE 199
Cardio Fitness

7:30-9
Triathlon

5:45-8
Swim Team

8-3
Rec Swim

3-5:30
Swim Team

5:30-7:30
Ags Swim Club

7-11:30
Rec Swim

6-8:15
Swim Team

8-3
Rec Swim

3-5:30
Swim Team

5:30-7
Masters (2)

7-11:30
Rec Swim

5:30-7:30
Ags Swim Club

National Day of Mourning

7-9
Swim Team

9-3
Rec Swim

3-4:30
Swim Team

5:30-7
Masters (2)

7-10:30
Rec Swim

5:30-7:30
Ags Swim Club

8-10
Swim Team

10-5
Rec Swim

11:30-1:30
Ags Swim Club

Fall 2018 Dive Well

	Dec 2	Dec 3	Dec 4	Dec 5	Dec 6	Dec 7	Dec 8		
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
6am		6-7:30 Rec Swim	6-7:30 Rec Swim	6-7:30 Rec Swim	National Day of Mourning	6-7:30 Rec Swim			
6:30				6-7 Recon					
7am									
7:30			7:30-9 Dive Team	7:30-9 Dive Team		7:30-9 Dive Team		7:30-9 Dive Team	
8am									8-9:30 Rec Swim
8:30									
9am			9-11:30 Rec Swim	9:35-10:50 KINE 199 (intermediate Swim)		9:30-12:30 Rec Swim		9-2 Rec Swim	9:30-11:30 Dive Team
9:30				11-12:30 KINE SCUBA					
10am									
10:30									
11am									
11:30						11:30-5 Rec Swim			
12pm	12-4 Rec Swim	12:30-4:30 Dive Team	12:45-2 KINE SCUBA	12:30-4:30 Dive Team					
12:30									
1pm									
1:30									
2pm			2-4:30 Dive Team		2-4:30 Dive Team				
2:30									
3pm									
3:30									
4pm	4-6								
4:30	Water Polo Practice	4:30-6:15 TE&M Dive	4:30-6:15 TE&M Dive	4:30-6:15 TE&M Dive	4:30-6:15 TE&M Dive				
5pm									
5:30									
6pm	6-8 Aquatics In-service	6:15-9:15 Water Polo Practice	6:15-8:15 Water Polo Practice	6:15-9:15 Water Polo Practice	6:15-10:30 Rec Swim				
6:30									
7pm									
7:30									
8pm									
8:30			8:15-10 KINE SCUBA						
9pm									
9:30		9:15-11:30 Rec Swim		9:15-11:30 Rec Swim					
10pm			10 - 11:30 Rec Swim						
10:30									
11pm									
11:30									

Fall 2018 Instructional

	Dec 2	Dec 3	Dec 4	Dec 5	Dec 6	Dec 7	Dec 8				
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday				
6am					National Day of Mourning						
6:30											
7am											
7:30											
8am											
8:30											
9am								9-11 Rec Swim	9-11 Rec Swim	9-11 Rec Swim	9-11 Rec Swim
9:30											
10am											
10:30											
11am											
11:30											
12pm	1-3 WE - AUV		12:45-2:00 KINE								
12:30											
1pm											
1:30											
2pm											
2:30											
3pm											
3:30											
4pm											
4:30											
5pm											
5:30			5:30-6:30 RecFit - Aerobics					5:30-6:30 RecFit - Aerobics	5:30-6:30 RecFit - Aerobics		
6pm											
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Fall 2018 Lap Pool

	Dec 2	Dec 3	Dec 4	Dec 5	Dec 6	Dec 7	Dec 8		
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
6am		6-9 Rec Swim	6-9 Rec Swim	6-9 Rec Swim	National Day of Mourning	6-9 Rec Swim			
6:30			6-7:15 Ags (3)					6:30-8 Masters	
7am									
7:30									
8am									
8:30									8-10 Rec Swim
9am									
9:30									
10am									
10:30									
11am		11-1 Rec Swim	11-1 Rec Swim	11-1 Rec Swim		11-1 Rec Swim			
11:30									
12pm									
12:30									
1pm									
1:30									
2pm									
2:30									
3pm		3-8 Rec Swim	3-8 Rec Swim	3-8 Rec Swim		3-8 Rec Swim			
3:30									
4pm	4-6 Rec Swim								
4:30									
5pm									
5:30							5-10:30 Rec Swim		
6pm									
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7pm									
7:30									
8pm	8-11:30 Rec Swim								
8:30									
9pm									
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10pm									
10:30									
11pm									
11:30									

Fall 2018 Outdoor Pool

	Dec 2	Dec 3	Dec 4	Dec 5	Dec 6	Dec 7	Dec 8
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6am					National Day of Mourning		
6:30							
7am							
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