Position Description
Graduate Assistant – Personal Training, Small Group Training, Strength & Conditioning

Responsibilities:
Aid the Assistant Director of Strength & Conditioning and the Associate Director of Recreational Sports with the management of the personal and small group training program and overall operations of the weight room/strength & conditioning room. Specific areas of responsibility include but are not limited to:

- Assist with the coordination of the personal and small group training program which will include, but is not limited to: the hiring, training, evaluating, and supervising of the personal and small group training staff; assigning personal trainers to clientele, and daily management of personal and small group training client database and trainer/client files and program audits.
- Helping with the development and implementation of new programs for the personal and small group training program and strength & conditioning room.
- Perform personal training and small group training sessions with Rec Center members/clientele
- Assist with strength & conditioning programming and coaching for various Sport Club teams.
- Coordination of personal trainer and strength & conditioning room staff in-services and continuing education opportunities (e.g. meetings, workshops, clinics, and conferences).
- Assist in the hiring, training, evaluating and supervision of the strength & conditioning room staff
- Assist in the scheduling of strength & conditioning room staff
- Completing major and minor repairs/upkeep to strength and conditioning equipment
- Take-on strength & conditioning room Head Attendant and Attendant role when necessary
- Participation in Fitness Outreach Services, which are off site educational presentations and workshops
- Support and encourage the concept of student leadership and development
- Collaborate with the Marketing and Communications staff to provide social media and digital signage content for the personal and small group training program and strength & conditioning area
- Other opportunities available through interaction with a comprehensive recreational sports program and by serving on departmental and divisional committees
- Assist with other duties as assigned

Texas A&M Student Recreation Center and Strength & Conditioning and Personal Training Facilities:
The Student Recreation Center recently underwent a 120,000 ft² expansion project and is now the 450,000+ ft² flagship facility for the Department of Recreational Sports and includes a wide variety of services, programs, and activities. With this expansion project the Strength & Conditioning space was more than doubled and is now 37,000+ ft² in the heart of the Student Recreation Center. This area houses the finest strength and conditioning equipment in the industry including: 10,500 ft² of free weight space with more than 40,000 pounds of free weights, bumper plates, and dumbbells, a large indoor turf/movement area, 165 pieces of selectorized resistance training equipment, and 150 pieces of technologically advanced cardiovascular equipment. Also new to the facility is a large personal and small group training suite with some of the best, most versatile equipment in the industry. The Strength & Conditioning area employs approximately 100 student as Strength & Conditioning Attendants, Head Attendants, and Supervisors. The Personal and Small Group Training program employs nationally certified personal trainers who develop comprehensive exercise programs specifically for each of our clientele. The Department is committed to providing the best strength and conditioning facility, personal training, and small group training services to the Texas A&M Community.
Qualifications and Requirements:

- Bachelor’s degree
- Experience with college students and programs in recreational sports setting. Knowledge and interest in recreational facility operations, along with resistance training and cardiovascular equipment upkeep and maintenance.
- Must hold at least one current certification from a nationally accredited certification organization: NSCA-CSCS, NSCA-CPT, ACE-CPT, NASM-CPT
- Personal training experience and/or weight room/strength and conditioning room supervisory experience.
- *Admission to the Texas A&M Graduate School in a program of study that is directly related to Graduate Assistantship position, qualifying programs of study include, but are not limited to: Sports Management, Exercise Physiology, Sport Physiology, Motor Behavior, and Nutrition. Other degree programs will need to be considered individually. Please be sure to research the appropriate program in order to obtain the minimum requirements needed to be accepted into the graduate program of preference. The minimum requirements for acceptance into each specific program may vary. The following dates are currently indicated as application deadlines for each of the programs listed below.
  - Higher Education – December 1
  - Student Affairs Administration – December 1
  - Exercise Physiology – January 15
  - Sport Physiology – January 15
  - Sports Management – February 1; Online Sports Management Program – April 1
  - Recreation, Parks, and Tourism Sciences – March 1
- It is highly recommended that all applicants apply to their desired graduate program at Texas A&M University prior to applying for this Graduate Assistant Position.
- Applicants should be aware that this Graduate Assistantship is a two academic year commitment.

Stipend:

- $13.60 per hour and 20 paid hour work weeks (equals approximately $14,000 annually), eligible for merit increase in 2nd year
- 9 or 12 month position
- Full Tuition Waiver. Student will be responsible for all fees. Tuition waiver is for a maximum of 9 credit hours each fall and spring semester and 6 credit hours for summer semester.
- University medical health benefits
- Travel/Professional Development allowance

Application Procedure:

Required application materials include: letter of application, resume, transcript (can be unofficial), GRE scores, and three professional references with telephone numbers and email addresses. All applications must be sent via email to the following:

Zach Ganger, Assistant Director of Strength & Conditioning at zganger@rec.tamu.edu

Closing Date:

Applications will be reviewed until position is filled. For best consideration, application materials should be received by Sunday, January 21, 2018. **Priority will be given to individuals who can confirm submission of their graduate school application materials.**

Start Date: August 1, 2018 (flexible)

For more information visit recsports.tamu.edu

Texas A&M University is committed to equal employment opportunity through affirmative action.