JUNE 2018

REC CENTER HOURS
Monday - Friday..............................................................6am - 10pm
Saturday.................................................................10am - 10pm
Sunday........................................................................12pm - 10pm
Visit recsports.tamu.edu/facilities for a complete list of Summer 2018 hours.

AQUATICS
Adult Learn to Swim:
• June 27 - July 25 | Mon. & Wed. | 7:30pm - 8:30pm
• June 26 - July 19 | Tue. & Thu. | 7:30pm - 8:30pm
Master’s Program:
• June 4 - July 27 | Mon., Wed., & Fri. | 6:30am - 8am
Learn to Swim:
• June 4 - 14 | Mon. - Thu. | 10am - 11am or 6pm - 7pm | Outdoor Pool

STRENGTH & CONDITIONING
Small Group Training
• Summer Shred, Session 1: June 4 - 29 | Mon. & Wed. | 5:30pm - 6:30pm
Personal Training
Let a nationally certified Rec Sports personal trainer design a comprehensive exercise program just for you! Sign up at Member Services today.

SPECIALTY PROGRAMS

BootCamp
• Summer 1: June 4 - 27 | M/W | 6am - 7am | Outdoors
• Summer Package: June 4 - Aug. 1 | M/W | 6am - 7am | Outdoors
Boxing BootCamp
• Summer 1: June 4 - 28 | M/W | 6:30pm - 7:30pm | SRC 1119
• Summer 1: June 4 - 28 | T/TH | 5:30pm - 6:30pm | SRC 1119
Bikini FitCamp
• Summer 1: June 5 - 28 | T/TH | 6:15am - 7:15am | SRC 303
Registration open through June 11.

FITNESS CERTIFICATIONS
YogaFit
• Level 4: June 7 - 10
• Level 5: June 30 - July 1

GROUP RECXERCISE
Summer class passes are available for purchase at Member Services! Single-class passes: $5; one summer session: $30; both summer sessions: $50.

CPR CLASSES
BLS for Healthcare Professionals
• June 24 | 2pm - 7pm | SRC 281

STRENGTH & CONDITIONING
Small Group Training
• Summer Shred, Session 1: June 4 - 29 | Mon. & Wed. | 5:30pm - 6:30pm
Personal Training
Let a nationally certified Rec Sports personal trainer design a comprehensive exercise program just for you! Sign up at Member Services today.

SPECIALTY PROGRAMS

BootCamp
• Summer 1: June 4 - 27 | M/W | 6am - 7am | Outdoors
• Summer Package: June 4 - Aug. 1 | M/W | 6am - 7am | Outdoors
Boxing BootCamp
• Summer 1: June 4 - 28 | M/W | 6:30pm - 7:30pm | SRC 1119
• Summer 1: June 4 - 28 | T/TH | 5:30pm - 6:30pm | SRC 1119
Bikini FitCamp
• Summer 1: June 5 - 28 | T/TH | 6:15am - 7:15am | SRC 303
Registration open through June 11.

FITNESS CERTIFICATIONS
YogaFit
• Level 4: June 7 - 10
• Level 5: June 30 - July 1

GROUP RECXERCISE
Summer class passes are available for purchase at Member Services! Single-class passes: $5; one summer session: $30; both summer sessions: $50.

CPR CLASSES
BLS for Healthcare Professionals
• June 24 | 2pm - 7pm | SRC 281

STRENGTH & CONDITIONING
Small Group Training
• Summer Shred, Session 1: June 4 - 29 | Mon. & Wed. | 5:30pm - 6:30pm
Personal Training
Let a nationally certified Rec Sports personal trainer design a comprehensive exercise program just for you! Sign up at Member Services today.

SPECIALTY PROGRAMS

BootCamp
• Summer 1: June 4 - 27 | M/W | 6am - 7am | Outdoors
• Summer Package: June 4 - Aug. 1 | M/W | 6am - 7am | Outdoors
Boxing BootCamp
• Summer 1: June 4 - 28 | M/W | 6:30pm - 7:30pm | SRC 1119
• Summer 1: June 4 - 28 | T/TH | 5:30pm - 6:30pm | SRC 1119
Bikini FitCamp
• Summer 1: June 5 - 28 | T/TH | 6:15am - 7:15am | SRC 303
Registration open through June 11.

FITNESS CERTIFICATIONS
YogaFit
• Level 4: June 7 - 10
• Level 5: June 30 - July 1

GROUP RECXERCISE
Summer class passes are available for purchase at Member Services! Single-class passes: $5; one summer session: $30; both summer sessions: $50.

CPR CLASSES
BLS for Healthcare Professionals
• June 24 | 2pm - 7pm | SRC 281