**April 2018**

**Throwback Thursday Dance Party**
APR. 12 | STUDENT RECREATION CENTER | 6PM - 7:30PM
FREE TO ALL
NON-REG MEMBERS ARE WELCOME!

**Fitness Events & Certifications**
- YogaFit Certifications & Workshops:
  - YogaFit Kids | Apr. 6
  - Level 3 | Apr. 7 - 8
- Group Exercise Instructor Auditions:
  Sunday, Apr. 29 | Time TBA
- Fitness Outreach Services:
  Let one of our group exercise instructors or personal trainers come to you! Visit our website to register.

**CPR Classes**
BLS for Healthcare Professionals
- Apr. 8 | 2pm - 7pm | SRC 281

**Massage Therapy**
Book a relaxing one-hour massage!
- A&M students/members: $40/session
- Non-members/public: $60/session

**Rec Center Hours**
- Monday - Thursday: 6am - 12am
- Friday: 6am - 11pm
- Saturday: 8am - 11pm
- Sunday: 12pm - 12am

**Easter Weekend Hours**
- Friday, Mar. 30: 6am - 8pm
- Saturday, Mar. 31: 10am - 8pm
- Sunday, Apr. 1: 4pm - 12am

Visit recsports.tamu.edu/facilities for a complete list of Spring 2018 hours.

**Intramural Sports**
Register at imleagues.com/tamu (12pm - 6pm) on Monday, Apr. 9 for:
- Racquetball (weekend tourney)
- Table Tennis (weekend tourney)

**Strength & Conditioning**
Let a nationally certified Rec Sports personal trainer design a comprehensive exercise program just for you! Sign up at Member Services today.

**Outdoor Adventures**
- Texas River Paddling Day Trip | Apr. 15
- Lead Climbing Clinic | Apr. 15
- Backpacking Weekend | Apr. 20 - 22
- Galveston Island Surfing Day Trip | Apr. 21
- Moody’s Island Seakayaking Day Trip | Apr. 28
- Wilderness First Aid Course - Longleaf Wilderness Medicine | Apr. 28 - 29
- Kayak Clinic | Apr. 29

**Aquatics**
- Basic SCUBA Referral:
  - Apr. 7 - 8 | Sat. & Sun. | All Day | Blue Lagoon, Huntsville, TX
  - Apr. 21 - 22 | Sat. & Sun. | All Day | Lake Travis, Austin, TX
  - Apr. 28 - 29 | Sat. & Sun. | All Day | Blue Lagoon, Huntsville, TX
- Advanced SCUBA:
  - Apr. 17 - 18 | Tue. & Wed. | 6pm - 10pm | Classroom
  - Check-out dives: Apr. 21 - 22 / All Day | Lake Travis, Austin, TX
- Advanced SCUBA Referral:
  - Apr. 21 - 22 | Sat. & Sun. | All Day | Lake Travis, Austin, TX
- Rescue SCUBA:
  - Apr. 24 - 25 | Tue. & Wed. | 6pm - 10pm | Classroom
  - Check-out dives: Apr. 28 - 29 / All Day | Lake Travis, Austin, TX
- Rescue SCUBA Referral:
  - Apr. 28 - 29 | Sat. & Sun. | All Day | Blue Lagoon, Huntsville, TX

**Sport Clubs**
- Women’s Water Polo CWPA Conference Championships:
  Apr. 7 & 8 | 12pm & 10am | Rec Center Natatorium
- Baseball vs. Texas (doubleheader):
  Apr. 14 | 12pm | Nutrabolt Stadium
- USA Powerlifting Collegiate Nationals:
  Apr. 19 - 22 | 8am | Hall of Champions