

Interim Group RecXercise Schedule May 3 - 26, 2017

*Spring Unlimited Pass or One-time Class Pass Required *Highlighted classes are FREE

Wednesday, May 3	12:15 - 1:00	Cardio Step & Sculpt	301	Madi
	4:00 - 5:00	Cycle 6 Pack	302	Anna
	5:00 - 5:30	HIIT 30	301	Amanda H
	5:45 - 6:30	Body Blaster	301	Evie
Thursday, May 4	12:15 - 1:00	Body Blaster	301	DeAun
	4:00 - 5:00	YogaBeatz	304	Ashley
	5:00 - 5:30	3 : 2 : 1 BURN	301	Melissa
	5:30 - 6:30	Zumba	304	Leah
Friday, May 5	12:15 - 1:00	TGIF Yoga	301	Anna
	4:00 - 4:45	Kickbox	301	Erin
Saturday, May 6	10:00 - 11:00	Yoga	301	Leah
	11:15 - 12:00	Cardio Fusion	301	Amanda H
	12:15 - 1:00	Pilates	301	Kristine
Sunday, May 7	5:00 - 5:45	Body Blaster	301	Ashley
	6:00 - 6:45	Sunday Dance Party	301	Leah/Kristine
Monday, May 8	12:15 - 1:00	Athletic Step	301	Anna
	4:00 - 5:00	Cycle 45	302	DeAun
	5:00 - 5:30	HIIT 30	301	Amanda H
	5:45 - 6:30	Body Blaster	301	Elena
Tuesday, May 9	12:15 - 1:00	Body Blaster	301	Anna
	4:00 - 4:45	Pilates Express	301	Madi
	5:00 - 5:30	3 : 2 : 1 BURN	301	Elena
	5:45 - 6:45	Rec Yoga	301	Leah
Wednesday, May 10	12:15 - 1:00	Cardio Step & Sculpt	301	Madi
	4:00 - 4:45	Body Blaster	301	Amanda H
	5:00 - 5:30	HIIT 30	301	Callie
	5:30 - 6:30	Hardcore Cycle	302	Ashley
Thursday, May 11	12:15 - 1:00	Body Blaster	301	Amanda H
Friday, May 12	Graduation - NO CLASSES			
Saturday, May 13	Graduation - NO CLASSES			
Monday, May 15	12:15 - 1:00	Cardio Step Party	301	Ashley
	5:30 - 6:30	Yoga	301	Ashley
Tuesday, May 16	12:15 - 1:00	Body Blaster	301	Anna
	5:30 - 6:15	Dance Cardio Party	301	Leah
Wednesday, May 17	12:15 - 1:00	Cardio Step & Sculpt	301	Madi
	5:30 - 6:15	Body Blaster	301	Kourtney
Thursday, May 18	12:15 - 1:00	Body Blaster	301	Anna
	5:30 - 6:30	Cycle 45	302	Kourtney
Friday, May 19	12:15 - 1:00	TGIF Yoga	301	Anna
Monday, May 22	12:15 - 1:00	Cardio Step Party	301	Ashley
Tuesday, May 23	5:30 - 6:15	Body Blaster	301	Melissa
Wednesday, May 24	12:15 - 1:00	Cardio Step & Sculpt	301	Ashley
Thursday, May 25	5:30 - 6:15	Body Blaster	301	Elena
Friday, May 26	12:15 - 1:15	TGIF Yoga	301	Ashley
Monday, May 29	Memorial Day - NO CLASSES			
Tuesday, May 30	First Day of Summer Group RecXercise Schedule			