



Position Title:

Fitness Outreach Instructor

Job Description

Present/instruct lecture/classes to organizations, meetings, departments or groups , and potentially Faculty/Staff outside the Rec center (ex. Wellness Works)

Certifications Required

Must be certified by a nationally recognized Group Exercise or Personal Training certification organization (ACE, AFAA, NSCA). Specialty certifications preferred are Yoga, pilates, and Zumba. Experience in teaching these formats is required.

Work Hours/Anticipated Schedule

Classes/lectures are thirty minutes to one hour. Upon request, instructor is contacted ten days advance.

Additional Information

Classes/lectures may be held in another department or the Rec Center as requested by the organization. Numbers could be from ten to fifty participants. Pay is \$20.00 an hour.

Contact Information

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