



Position Title:

Fitness Instructor Training Assistant

Job Description

Assist lead instructor teaching the Fitness Instructor Training Program. Formats include step choreography, Kickbox, water, resistance training, dance, indoor cycle, and mind body.

Certifications Required

Must be certified by a nationally recognized Group Exercise or Personal Training organization.(AFAA, ACE, NSCA preferred) and CPR certified. Specialty certifications such as YogaFit, Pilates, Zumba, Schwinn Cycle preferred.

Work Hours/Anticipated Schedule

Three and a half hours per training from 5:30pm until 8:00pm on Sundays for four weeks per spring semester.

Additional Information

Attended a Fitness Instructor Training program previously and taught two full semesters of group exercise.

Contact Information

DeAun Woosley 979-862-3995 or dwoosley@rec.tamu.edu