

GROUP RECXERCISE FITNESS INSTRUCTOR TRAINING

CLASS DATES

Sun., Mar. 25 | 5pm - 8:30pm | SRC 1132

Sun., Apr. 8 | 5pm - 8:30pm | SRC 304

Sun., Apr. 15 | 5pm - 8:30pm | SRC 304

Sun., Apr. 22 | 5pm - 8:30pm | SRC 304

Sat., Apr. 28 | 2pm - 5:30pm | Instr. Pool

AUDITIONS

Sunday, April 29 | 1pm - 4pm
Location TBA

COST

\$60 Rec Members
\$70 Non-Members

For more information, please contact
DeAun Woosley at 979.862.3995 or
dwoosley@rec.tamu.edu.

ACTIVITY DESCRIPTION

An eighteen-hour training program designed to prepare students to audition to lead Group RecXercise classes. Participants will receive a FIT manual and a music CD for practice. Audition will consist of a 12-minute mini class of step, kickbox, or floor aerobics on Sunday, April 29, 1pm - 4pm.



REGISTRATION IS NOW OPEN!

Register at member services
or online at

<http://reconnect.tamu.edu>

(limited to 40 participants)