



Rec Sports Intramural Crate Stacking Rules

Overview: Stack as many milk crates as possible on a single, continuous stack, without toppling the stack. Competitors will be scored based on the highest number of crates they stack. To count, crates must be stacked on top of previous crates.

Sporting Behavior: We expect that all competitors will treat other climbers, judges, and ICF staff with respect, and conduct themselves as principled athletes. Failure to do so may result in disqualification from the event.

- Competitors must make no attempt to manipulate the regulations and rules to their advantage or to the advantage of any competitor.
- It is the responsibility of all competitors to understand and abide by the regulations, rules and spirit of good sportsmanship. Competitors must accept, subject to the official appeals procedure, the decision of the judges without question or protestation and exercise self-restraint at all times.
- We encourage competitors to support their fellow competitors.

The following infringements shall result in the immediate disqualification of the competitor from the competition:

- Distracting or interfering with any competitor, who is preparing for, or attempting, a stack.
- Distracting or interfering with any official while they are carrying out their duties
- Failure to comply with the instructions of the official judges and/or the organizer's officials
- The use of abusive, insulting and/or violent words and/or behavior towards anyone in the competition area.
- Unsporting behavior, abusive, insulting and/or violent words and/or behavior to the event organizer or their officials and/or team officials and/or other competitors and/or members of the public.

Rules:

1. Competitors may only use milk crates provided by Rec Sports staff. These will be standard, professional grade plastic milk crates.
2. Crates are to be stacked on a flat floor.
3. Once the third crate is stacked, competitor's feet (including heels) must leave the floor. Competitors may stand with their toes in the crate handles.
4. Scoring and judging will be performed by a Rec Sports official. This person may also serve as belayer.
5. Competitors must wear a safety harness and be belayed on a toprope. Belayer will be Rec Sports staff.
6. Competitors may not use the belay rope or harness to gain advantage or balance in any way. Failure to comply will result in a no-score.
7. Competitors will be allowed 3 attempts and their best attempt will be their high score.

8. An attempt will end when the stack topples, the rope is weighted or the competitor is called down by the scoring judge for a rule infraction.
9. New crates will be handed to each competitor by a Rec Sports IM staff member. Once the competitor is too high to hand crates to, they will be tossed up the stack to the competitor. Competitors must catch, control and stack the new crate.
10. No points are deducted for dropping a crate.
11. A fall zone perimeter will be established. No competitors other than the individual stacking may enter the fall zone.
12. Recognition will be given for the top 3 places.
13. All ties will be broken via another single round of stacking, which will be repeated as necessary.